

MENU ITEM	GARLIC	ONION	CITRUS	APPLE CIDER	SUGAR	HONEY
BASE						
Salad						
Grain Bowl						
Pita						
Mini Pitas						
Mini + Soup						
Greens + Grains						
DIPS + SPREADS						
Eggplant + Red Pepper	•		•			
Tzatziki	•		•			
Funky Feta						
Rustic Hummus	•	•	•			
Red Pepper Hummus	•	•	•			
Harissa						
PROTEIN						
Braised Lamb	•	•				
Spicy Lamb Meatballs	•	•				
Seasonal Vegetables						
Baked Zucchini Cakes	•	•	•			
Grilled Chicken Breast	•		•			•
Braised Beef	•	•				
Grilled Meatballs	•	•				
TOPPINGS						
Shredded Lettuce						
Red Cabbage Slaw						
Quinoa		•	•	•		
Fresh Mint						
Crumbled Feta						
Cucumber						
Pepperoncini Peppers						
Kalamata Olives						
Lemon Wedge						
Tomato + Onion Salad		•				
Seasoned Pita Crisps	*					
Tomato + Cucumber Salad						
Mama's Pickled Onions		•		•	•	
DRESSINGS						
Sriracha Greek Yogurt			•			
Lemon Herb Tahini			•	•		
Yogurt Dill	•		•	•		
Greek Vinaigrette			•	•		
Pomegranate + Ginger	•		•			•

* = contains garlic oil