

MENU ITEM	NUT	SESAME	MILK	EGG	FISH	SOY	WHEAT	MSG	CORN	DIJON MUSTARD	GLUTEN
BASE											
Salad											
Grain Bowl											
Pita	*	*	•	•		*	•				•
Mini Pitas	*	*	•	•		*	•				•
Mini + Soup	*	*	•	•		*	•				•
Greens + Grains											
DIPS + SPREADS											
Eggplant + Red Pepper											
Tzatziki			•								
Funky Feta			•								
Rustic Hummus		•									
Red Pepper Hummus		•									
Harissa											
PROTEIN											
Braised Lamb										•	
Spicy Lamb Meatballs											
Seasonal Vegetables											
Baked Zucchini Cakes							*				
Grilled Chicken Breast											
Braised Beef											
Grilled Meatballs											
TOPPINGS											
Shredded Lettuce											
Red Cabbage Slaw											
Quinoa											
Fresh Mint											
Crumbled Feta			•								
Cucumber											
Pepperoncini Peppers											
Kalamata Olives											
Lemon Wedge											
Tomato + Onion Salad											
Seasoned Pita Crisps		•	•	•							•
Tomato + Cucumber Salad											
Mama's Pickled Onions											
DRESSINGS											
Sriracha Greek Yogurt			•								
Lemon Herb Tahini		•									
Yogurt Dill			•								
Greek Vinaigrette										•	
Pomegranate + Ginger										•	

* = may contain traces of